



Our ASDC site is a support centre for children with Down syndrome in the city of Cochabamba, Bolivia. In addition to sponsorship, our site provides physiotherapy, rehabilitation, and vision, speech, and music therapy for sponsored children. It also offers psychological support for children and their families, and an employment program for adults with Down syndrome.



### Education

#### Goals

1. To implement computer and gardening workshops for youth to obtain basic pre-employment skills in these areas.
2. To open and implement a bakery for youth participating in pre-occupational workshops.
3. To find an office assistant placement in the job sector for one or more youths.

#### Achievements

1. **Six** youths learned to prepare recipes for dishes and desserts in the a cooking workshop.
2. The number of youth attending our pre-occupational workshops increased from **nine** to **14**.
3. Youth from our craft workshop learned how to make jewelry accessories.

### Health & hygiene

#### Goals

1. To gain the support from interns studying pedogogy in university; during internships, they will accompany children from our site who attend school as teacher's assistants.
2. To hire trained professionals to provide therapy for the comprehensive rehabilitation of children and youth with Down syndrome.

#### Achievements

1. Better academic performance within regular schools was achieved for **14** school-aged children.
2. With the equipment acquired for physiotherapy, four children between two to three years of age managed to take their first steps.
3. A speech therapist was hired to evaluate, diagnose and rehabilitate the speech, language, voice, hearing and swallowing of sponsored children.

### Nutrition

#### Goals

1. To open a dining room for children attending morning workshops.
2. To hold workshops between parents and nutritionists to improve nutrition of children with Down Syndrome.
3. For a medical professional to conduct weight and height checks on sponsored children to prevent health problems.



#### Achievements

1. Families participated in workshops related to adequate feeding for their children.
2. Healthy and nutritious snacks are prepared in the cooking workshop for sponsored children.

### Community

#### Goals

1. To construction a platform for sports and physical activities for the children of ASDC.
2. To provide free Down syndnrome related therapies for families with limited resources.

#### Achievements

1. **13** sponsored youth participated in a folkloric entrance representing ASDC.
2. We achieved a spot on local television for the dissemination of services offered at ASDC.
3. At the departmental level, we are a reference for the rehabilitation of people with Down syndrome.
4. **11** youth from our site painted a community mural to raise awareness about ASDC in the community.

### Family

#### Goals

1. To assist poor families with emergency situations, such as in cases for surgery for their children with Down Syndrome.
2. To hold monthly workshops for parents on health and education topics about Down syndrome.



#### Achievements

1. Parents participated in workshops where they were trained to be able to reinforce the therepeutic exercises performed on their children.
2. It was possible to open a space in the psychological cabinet to the parents of children and youth with behavioral or adaptation problems.